

PROCLAMATION
Mental Health Month
May 2025

WHEREAS, Mental health is essential to everyone's overall health and well-being; and
WHEREAS, Mental illnesses are real and prevalent in our nation, and half of us will have a mental health diagnosis at some point in our lives; and

WHEREAS, All Americans experience times of difficulty and stress in their lives and should feel comfortable in seeking help and support to manage these times; and

WHEREAS, Engaging in prevention, early identification, and early intervention are effective ways to reduce the burden of mental illnesses as they are to reduce the burden of other chronic conditions; and

WHEREAS, There is a strong body of research that identifies behavioral health risks and supports specific tools that all Americans can use to protect their health and well-being; and

WHEREAS, With effective treatment all individuals with mental illnesses-even serious mental illnesses-can make progress toward recovery and lead full, productive lives; and

WHEREAS, Each business, school, government agency, healthcare provider, organization and citizen has a responsibility to promote mental health and well-being for all.